



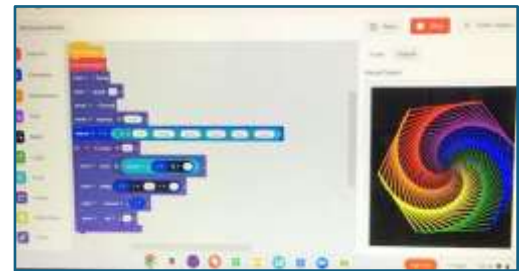
Knebworth Primary School Newsletter

19th September 2025

A message from the Headteacher

As I begin writing this week's newsletter it would be remiss of me not to start with mentioning last Saturday's Gala Day. What a magical community event! Thank you to everyone who came along to support the school either by volunteering your time or by spending your money. It was so, so lovely to see so many of our school community in attendance having such a wonderful time. We were also treated to some delightful music from our KS1 and KS2 Choirs and our Band – well done to all children involved and to Mr Williams for putting together these performances so close to the start of the new school year. However, the BIGGEST thank you goes to Katie and Liz, FOKS Co-Chairs, (who despite the slight downpour of rain) organised such an excellent Gala Day. Days like this involve weeks and weeks of organisation and preparation and I for one could not be prouder of how successful the event was and thank them both for their hard work and efforts. At the time of writing, we are so pleased to announce that we have raised around £1000 in profit which will be used to enhance the children's educational experience at Knebworth. Thank you again everyone for the support you have shown our school.

Years 4-6 celebrated National Coding Week this week by taking part in an interactive coding session held by Barclays Digital Wings. The children put their block coding knowledge into practise and coded patterns and had great fun! Thank you to Mrs Isaac-Romani for facilitating such a brilliant learning opportunity for the children.



In our first OPAL assembly of the new school year, Mrs Clayton, Ms Benoit and I asked the children if they could remember our OPAL rules from the last academic year and we were so pleased that they could! Here is a reminder of them for our school community, please do talk about these at home with the children:

Opal Lunchtime Rules

1. OPAL resources to stay in the correct play zones
2. Wellies to be worn on the field in wet weather
3. Waterproof coat to be worn each day
4. Tidy up
5. Stay safe and have fun!

We also spoke about The Beach which opened today! The children were so, so excited for this and the children themselves decided on the following rules for responsible and safe use at all times. These are as follows:

1. Take shoes, socks and tights off.
2. Keep sand in The Beach - no throwing or kicking sand.
3. Use our sand equipment safely and responsibly.

If any of our families do have any sand toys that you no longer require, we would love to have them for The Beach. Please do drop them off to the school office or to a member of school staff. We are all so thrilled that we now have The Beach as part of our OPAL lunchtimes and we cannot wait to see where the magic of OPAL will take us this academic year!



This week, our official library opening hours began and children in KS2 now have designated times to change their reading books. We have been so pleased with how responsible the children have been in our new library and it has also been so lovely seeing some of the younger classes also visit the library for a reading session. Today, children in KS1 and KS2 attended the FOKS Ready Steady Read assembly where Ally Bennett, our Usborne Partner, launched our Sponsored Read Event. Parents will have received via Arbor this morning a letter explaining what the children were told today, along with their reading log and sponsorship form. We really hope all children are excited about taking part in this event to not only raise money to support the school's library redesign and book selection, but to also instil a love of reading across the school and at home. We look forward to hearing all about the children's sponsored reads!

Each month, Mrs Cooke will be spotlighting a different genre of books in the spotlight section of the new school library. September's theme is Graphic Novels and Comics which we know are immensely popular with lots of the children. Harvey in Johnson Class was so inspired by this theme that he has created his very own comic which earned him a Magical Work stamp and which is now proudly on display in our library. Doesn't he look so proud?!



This week for magical learning I have seen Sofia in Byron Class for her excellent suspense writing which earned her the title of KS2 Pencrafter of the Week. I have also seen Arthur in Coelho Class for his excellent writing in phonics which earned him the title of KS1 Pencrafter of the Week. Immy, Ryley and Aoife in Seacole Class also came to see me and were so proud of their superb suspense writing which was a real joy to read. Lastly, Archie and Seren in

Thunberg Class also came to see me for their excellent work on using full sentences. Well done to everyone involved.



Thank you to Kayla and Gaia in Packham Class and Aoife in Seacole Class for donating such wonderful Birthday Books to your classes. Each and every one of these books was chosen for such a special reason and we cannot wait to read and explore these in school.

Lastly, we said goodbye to Mrs Birt earlier this week who has decided to pursue exciting adventures outside of education. We thank her for her hard work, efforts and determination during her time at Knebworth and we know she will be so sorely missed.

Don't forget our Litter Pick tomorrow, 10am to 12pm at the school - we look forward to seeing lots of you there!

Have a lovely, restful weekend everyone.
Best Wishes,
Miss Bains





WINNERS:

*Chandi, Nightingale,
Turing & Zephaniah
Classes*

Y1 Coelho 97.9%	Y1 Zephaniah 100%	Y2 Chandi 100%	Y2 Henson 96.3%	Y3 Nadal 94.3%	Y3 Thunberg 91.4%
Y4 Johnson 94.8%	Y4 Turing 100%	Y5 Nightingale 100%	Y5 Seacole 94.2%	Y6 Bronte 96.0%	Y6 Byron 96.9%

Knebworth Silver Values Certificates

Nursery
*Ralph &
Louisa*

Ayling-Ellis
*Iris &
Rory*

Packham
*Gaia &
Teddy*

Coelho
Cecelia

Zephaniah
Abel

Chandi
Reuben

Henson
Sienna

Nadal
Mason

Thunberg
Momo

Johnson
*Poppy &
Amelia*

Turing
Stanley

Nightingale
Maya

Seacole
Lily

Bronte
Leo

Byron
Darcy

HOUSE POINTS



Aschil 103



Bulwer 113



Eudo 100



Lytton 90

Top House Point Earners

Y1 Coelho Una Georgie	Y1 Zephaniah Max Isabelle	Y2 Chandi Reuben	Y2 Henson Jai	Y3 Nadal Emily Lorelle	Y3 Thunberg Seren Luca
Y4 Johnson Poppy Amelia Alba Aisha	Y4 Turing Alfie Leo	Y5 Nightingale Poppy	Y5 Seacole Avery	Y6 Bronte Maryfavour	Y6 Byron Shakur

This Week's Pencrafters

*Arthur in Coelho Class
Sofia in Byron Class*



Message from The FOKS Team

Wow, what a whirlwind last Saturday's Gala Day was! We want to thank everyone who came to support FOKS, volunteered for stalls and stuck with us in the 'downpour' for all your help in making our first big event such a success. We saw so many children with beaming smiles across their faces and this makes all the hard work worthwhile. Hopefully, after a few more donations still to come in, we will have made about £1k profit.

If you have any suggestions/feedback for next time, or want to help out with any future activities, please do come along to our AGM at The Station Pub on **Monday 29th September at 7.30pm**, or email FOKSchool@outlook.com

All the lucky raffle winners have been notified and we attach here the winning numbers for your reference - Congratulations!

We also launched our Sponsored Read today and we're busy planning some Christmas activities for after half term, so watch this space for more information soon.

Thank you,
Liz & Katie

Healthy Eating Spotlight

A big thank you to Caroline Farrell (Registered Nutritionist) for providing our weekly healthy eating spotlights!

Choosing the Right Breakfast Cereal

Breakfast sets the tone for the day. After a night without food, children need fuel that helps them concentrate in class, stay full until lunchtime, and keep their energy steady.

A good breakfast should provide:

- Fibre: keeps children satisfied and supports digestion (oats, wholegrain bread, fruit)
- Protein: helps with growth and focus (milk, yoghurt, eggs, nut butter)
- Low sugar: avoids energy spikes and dips that can leave children restless or hungry

On an ideal morning, something like porridge with fruit or eggs on wholegrain toast works well. But as we all know too well, mornings are often rushed, and cereal can be the quickest option. The problem is that many cereals are ultra-processed foods. These are products high in sugar, low in fibre, and often contain flavourings, and preservatives. When children start the day with ultra-processed foods, they may feel hungry again quickly, find it harder to concentrate at school, and miss out on important nutrients. To pick a better cereal, it's best to ignore the health claims on the front of the box these are often misleading.



Check the nutrition panel on the back instead. Look for:

- At least 6 g fibre per 100 g
- No more than 5 g sugar per 100 g
- A short list of ingredients you recognise

My top choice is Weetabix, because it is both high in fibre and low in sugar. For children who don't like Weetabix, Rice Krispies can be an alternative as they are low in sugar. However, they don't contain much fibre, so it's important to boost the bowl by adding fruit and seeds.

You can also make any cereal more nutritious with a few simple add-ons:

- Milk (dairy or fortified soy) for protein
- Fresh fruit for vitamins and extra fibre
- Seeds or chopped nuts for healthy fats and minerals

With just a little label-checking and a few thoughtful extras, cereal can still be a quick breakfast that gives children the steady fuel they need for a busy school day.

Children's Achievements



Savannah in Nightingale Class and her family have been supporting Action Aid for the past 10 years. Their donations go towards different families by helping them with schooling, transport and food. Savannah has been active in writing to the children from the families they support and she has even translated her letter into their own dialect – thank you for showing such kindness, Savannah!

On Sunday, Daniel in Byron Class and Freya in Chandi Class both attended their karate grading and achieved their next belts. Daniel has progressed to his purple white stripe belt and Freya has achieved her blue belt – well done, we are so proud of you both!

Well done to Esmé in Seacole Class who had her own stall at Gala Day selling loom band bracelets and rings that she had made herself. Thank you for working so hard to raise money for the school!

Lastly, well done to Bronte in Thunberg Class for competing the summer reading challenge – amazing news!



Key Dates for your Diary – Autumn Term 2025

Details for upcoming events will be sent nearer the time where and when applicable
New/amended dates are highlighted in yellow

Date/Time	Event
20 th September 10am to 12pm	Litter Pick with Knebworth Environmental Group A voluntary litter pick throughout the village and school. Do come along to help keep Knebworth clean and tidy!
20 th to 30 th September	FOKS Sponsored Reading Week
23 rd September	Children's Flu Vaccinations
30 th September 10 – 11am	Prospective Parents Open Morning A chance for potential future Knebworth families to see the school before applying for their school places.
2 nd October	Johnson Class Pedestrian Skills An opportunity for children to practise road crossing skills under adult supervision. This will be led by Herts Active and Safer Travel Team.
3 rd October	Turing Class Pedestrian Skills An opportunity for children to practise road crossing skills under adult supervision. This will be led by Herts Active and Safer Travel Team.
9 th October	Children's Individual and Sibling Photos All children across the school will have their photos taken. Please send your child in their school uniform on this day.
10 th October	World Mental Health Day
11 th October 12 to 2pm	Knebworth School Sustainability Fair
17 th October	Show Racism the Red Card Day Children are invited into school wearing something red alongside their school uniform i.e. red t-shirt, red socks, red headband etc.
22 nd October 10 – 11am	Prospective Parents Open Morning A chance for potential future Knebworth families to see the school before applying for their school places.
22 nd October & 23 rd October 3:40 – 6:40pm	Autumn Term Parents Evening Consultations – <i>these will be face to face unless a virtual appointment is required</i> A 10 minute appointment with your child's class teacher to discuss their first half term of the academic year.
27 th October to 31 st October	October Half Term (School Closed)
4 th November	Year 6 Crucial Crew Trip
5 th November 9:15 to 10am	Science CommUNITY Event A chance for one parent per child to come into school to experience the magic of Science at Knebworth.
6 th November	Outdoor Classroom Day





19 th November 4:30 – 5:30pm	Bedtime Story Event Families are invited into school to hear some engaging stories shared by our amazing teacher team.
21 st November	Catch up date for Children's Flu Vaccinations
25 th November 10 – 11am	Prospective Parents Open Morning A chance for potential future Knebworth families to see the school before applying for their school places.
28 th November	Knebworth Village Christmas Light Switch On
5th December	Occasional Day (School Closed)
8 th December 11:30am	Nursery Christmas Show to Parents & Carers - <i>parents only need attend one of the two dates given</i>
8 th December 2pm	Reception Christmas Show to Parents & Carers
9 th December 2pm	Year 1 Christmas Show to Parents & Carers
10 th December	Children's Christmas Lunch Children can order a Christmas dinner for their normal school lunch.
11 th December 2pm	Year 2 Christmas Show to Parents & Carers
11 th December 10-11am	Prospective Parents Open Morning A chance for potential future Knebworth families to see the school before applying for their school places.
12 th December	Christmas Jumper Day Children are invited to wear a Christmas/Winter themed jumper with their school uniform on this day
12 th December 11:30am	Nursery Christmas Show to Parents – <i>parents only need attend one of the two dates given</i>
15 th December 1:30pm Years 3 & 4 2:30pm Years 5 & 6	KS2 Carol Concert at St Martin's Church KS2 children perform Christmas songs at the church and parents and carers are invited to attend.
19th December	End of Autumn Term 12pm – Nursery - a 1pm pick up can be accommodated on this date, please let Miss Leatham know if you require this. 1:10pm – Reception & KS1 1:30pm – KS2
5th January 2026	INSET Day (School Closed)
6 th January 2026	Spring Term Begins

Knebworth School Term Dates can be accessed here:

<https://www.knebworthprimaryschool.org.uk/page/?title=Term+Dates&pid=39>

