

**Knebworth  
School Values**

***Respect***  
***Responsibility***  
***Resilience***



**Knebworth Primary School Newsletter**

**Friday 22<sup>nd</sup> September 2023**

**Autumn 1  
British Value**

***Individual  
Liberty***

**Message from the Senior Leadership Team**

Dear Parents and Carers,

The weather has been changeable this week so please do ensure your child is suitably dressed for the colder and/or wetter weather and has a named jumper/cardigan and/or coat in school. Thank you.

On Tuesday morning we held our very first Healthy Eating working party meeting – thank you to all the parents who came along and shared some excellent ideas on how we can further promote a healthy lifestyle with our children and families. From this week we will be sharing a *Healthy Eating spotlight* in our newsletter and we also have lots of exciting plans for the year ahead so please do watch this space! Also, our wonderful catering team have been creating amazing characters from vegetables to encourage children to eat different vegetables each day - don't they look fantastic!

This week's Wonder Wednesday assembly saw Eliza and Elisha from Pankhurst Class talk to both KS1 and KS2 about pollution in our planet and the ways in which we can all be eco-heroes. The girls even sourced a video clip for the children to watch as well as creating some slides for their talk and we were all so impressed with their *responsibility* towards creating and sharing their presentation as well as their care for the environment. Well done girls!

Yesterday, a group of Year 5 children attended the Sports Ambassadors Leadership Training led by Stevenage Sporting Futures Team. The children learnt about the qualities of a good leader, they learnt how to plan fun activities and they had great fun testing and playing these games in preparation for implementing these games at Knebworth so that we can make our playtimes and lunchtimes even more active. We are so looking forward to seeing our new Sports Ambassadors develop in their new roles! A BIG thank you to Miss Breckenridge for continuing to oversee this important role in school.

This week is National Coding week. If any children or adults would like to practise their coding skills, please visit <https://hourofcode.com/uk/learn> for some excellent tutorials on block coding and python. Do let us know how you get on!

Also, don't forget the Young Geographer of the Year competition for KS2 as shared by Mrs Bickerdyke and Miss Dimmock on Class Dojo yesterday. The deadline for entries is **Friday 29<sup>th</sup> September**. We look forward to seeing some entries in school.

Lastly, our Parent Handbook was emailed to our parent community this morning. This handbook is designed to provide you with all the necessary information you need about our school. Please do take the time to read this important handbook.

Have a lovely, restful weekend everyone.

Kind Regards,

Natasha Laskey, Sim Bains & Grace Maynard



## Message from The FOKS Team

Hi Everyone,

Thank you to everyone who brought their Bags 2 School today, we are waiting to see how much money we have raised.

Next week we have our BRAND NEW fundraiser- Wonka Bars!!! We have 100 chocolate bars for sale with 10 prizes, from disco tickets to £20 cash there are lots of prizes to be won! Make sure you pop by the stall after school on Friday if you would like to take part in this fundraising opportunity.

Please check out our new calendar for all of our upcoming events!

Thank you

FOKS

## Diversity, Equality, Inclusion Spotlight

This week we would like to spotlight Amazing People Schools which is an excellent web based resource - <https://uk.amazingpeopleschools.com/>

The children absolutely love using this resource in school both in lessons and in independent learning time and children in KS2 can also access this at home via Google Classroom so do take a look!

## Healthy Eating Spotlight

[Five Nutrients to Support Your Child's Immune System this Autumn.](#)

Back to school often means more exposure to seasonal bugs. While we cannot completely avoid them, there are some nutrients which may help to support our children's immune systems:

1. Citrus Fruit: Fruit such as oranges, grapefruits, and satsumas are rich in vitamin C, which may help the body to fight infections. Satsumas are a great portable school snack.
2. Live Yogurt: Live yogurt contains bacteria, which support the immune system. Research has shown that children who eat live yogurt daily have a 19% reduce risk of catching colds. Opt for natural, unsweetened yogurt with "live cultures". Add fruit and a drizzle of honey for a tasty snack.
3. Berries: Berries like blueberries, raspberries, blackberries, and strawberries are packed with antioxidants that strengthen the immune system. Try blending frozen berries with live yogurt and banana for a delicious smoothie. Bonus points for Kefir milk instead of yogurt which has even more healthy bacteria than live yogurt.
4. Garlic: Garlic has antiviral and antibacterial properties. Blend into pasta or pizza sauce or dips like hummus.
5. Vitamin D: Vitamin D plays a key role in supporting our immune system. During the autumn and winter months we're not exposed to enough sunlight to enable our body to produce vitamin D3. Therefore, it is recommended that all children in the UK should take a supplement containing 400iu of vitamin D each day.

## This Week's Book Recommendation

Mrs King recommends ...

**The Smartest Giant in Town by Axel Sheffler & Julia Donaldson**

This is one of my favourite books. It's something my own girls loved as youngsters and we read together all the time. It's about a Scruffy Giant who wants to look smart so he goes to the shops and gets new clothes but on his way back he encounters some upset looking characters. The moral of this story is KINDNESS. Doing something for others can change how someone else feels and that should never be underestimated.

## Attendance Cup

Congratulations to our winning class this week: **Turing Class**

Y1 Nadal	Y1 Thunberg	Y2 Johnson	Y2 Turing	Y3 Seacole	Y3 Nightingale	Y4 Bronte	Y4 Byron	Y5 Churchill	Y5 Pankhurst	Y6 Dahl	Y6 Rosen
98.0%	98.2%	98.3%	98.7%	97.8%	97.9%	94.8%	95.3%	97.3%	96.3%	92.7%	96.3%

## Knebworth Silver Values Certificates

Year 3: Esme & Alfie

Year 4: Albie & Akorede

Year 5: Eliza & Brody

Year 6: Teddy & Noah

## House Points

<i>Aschil</i> <b>79</b>	<i>Bulwer</i> <b>46</b>	<i>Eudo</i> <b>75</b>	<i>Lytton</i> <b>64</b>
----------------------------	----------------------------	--------------------------	----------------------------

## Top House Point earners this week

Y1 Nadal	Y1 Thunberg	Y2 Johnson	Y2 Turing	Y3 Seacole	Y3 Nightingale	Y4 Bronte	Y4 Byron	Y5 Churchill	Y5 Pankhurst	Y6 Dahl	Y6 Rosen
Fabian Austin	Sierra Momo	Luyanda	Scarlett	Esme	Violet	Alfie	Meadow	Noah G	Charlie	Ashray	Isabelle Ella Isla Ronnie



## Children's Achievements

Last Sunday, Imogen from Seacole Class performed at the Royal Albert Hall as part of the Theatre Train's production of 'We're going to change the World'. Imogen is a member of the Hitchin Theatre Train group, who together with groups from across the country sang songs and performed dances asking "What's wrong with the world and what can we do about it?" Well done Imogen – we are so proud of you!

## Notices & Reminders

**Donations:** The school is looking for the following donations, please contact the school office if you are able to support us:

1. A battery operated leaf blower.
2. A washing machine.

**Guinea Pigs:** Mrs Maguire is looking for somebody with veterinary experience to come in to school briefly to help trim the Guinea Pig's claws. Please contact the office if you are able to help.

## Key Dates for your Diary – Autumn Term 2023

*Details for upcoming events will be sent nearer the time where and when applicable*

**New/amended dates are highlighted in yellow**

29 <sup>th</sup> September	FOKS Wonka Bars – Find the Golden Tickets
3 <sup>rd</sup> October 10:00 to 11:00 am	Open Morning for Prospective Parents
5 <sup>th</sup> October	National Poetry Day
9 <sup>th</sup> October	Children's Individual Photos
10 <sup>th</sup> October	World Mental Health Day
10 <sup>th</sup> October 3:30 to 6pm	Open Evening – children's books/LJ's available to view before Parents Evening
13 <sup>th</sup> October	FOKS Rainbow Non-Uniform & Raffle Donation
16 <sup>th</sup> October	Harvest Festival Assemblies
17 <sup>th</sup> October 3:40 to 6:40pm	Seacole Class Parents Evening (Virtual)
18 <sup>th</sup> October 3:40 to 6:40pm	Parents Evening (Virtual) – <i>No Parents Evening for Seacole Class on this date</i>
19 <sup>th</sup> October 3:40 to 6:40pm	Parents Evening (In Person)
19 <sup>th</sup> October	FOKS Pumpkin Festival



20 <sup>th</sup> October	Show Racism the Red Card day – <i>Children are invited to come to school wearing something red with their school uniform i.e. red t-shirt, red socks, red hairband etc.</i>
20 <sup>th</sup> October	Harvest Festival donations deadline
23 <sup>rd</sup> to 27 <sup>th</sup> October	<b>October Half Term</b>
2 <sup>nd</sup> November 3:30pm	Diversity Working Party Meeting – <i>all parents are invited along to this meeting to discuss our school strategy in this area</i>
6 <sup>th</sup> November to 17 <sup>th</sup> November	Intensive Swimming for Year 4
18 <sup>th</sup> November	FOKS Christmas Fayre & Elfridges
1 <sup>st</sup> December	<b>Occasional Day – school closed</b>
5 <sup>th</sup> December	Flu Vaccination
8 <sup>th</sup> December	Christmas Jumper Day
8 <sup>th</sup> December	FOKS Christmas Disco
11 <sup>th</sup> December 2pm	Reception Christmas Show to Parents
12 <sup>th</sup> December 2pm	Year 1 Christmas Show to Parents
13 <sup>th</sup> December	Christmas Lunch for children
14 <sup>th</sup> December 11.30am	Nursery Christmas Show to Parents
14 <sup>th</sup> December 2pm	Year 2 Christmas Show to Parents
15 <sup>th</sup> December 10am to 11am	Open Morning for Prospective Parents
18 <sup>th</sup> December	KS2 Carol Concert at St Martin's Church 1.30 – Years 3 and 4 2.30 – Years 5 and 6
18 <sup>th</sup> December 11.30am	Nursery Christmas Show to Parents
20 <sup>th</sup> December	<b>End of Autumn Term</b> Nursery – 12pm EYFS & KS1 – 1.10pm KS2 – 1.20pm
4 <sup>th</sup> January 2023	<b>INSET Day - school closed</b>
5 <sup>th</sup> January 2023	Spring Term begins