

**Knebworth
School Values**

Respect
Responsibility
Resilience



Knebworth Primary School Newsletter

Friday 3rd November 2023

**Autumn 2
British Value**

***Tolerance &
Equality***

Message from the Senior Leadership Team

Dear Parents and Carers,

Welcome back to the second half of the Autumn term! This week has been an action packed first week back with lots of wonderful learning opportunities on offer for the children and the half term break seems a distant memory away!



In Year One, David, Harry and Eddy's grandfather came into school to talk to the children about Knebworth School when he came here, about 65 years ago. He had so many interesting facts but the one the children loved hearing about was that the only toilets were outside and they didn't have a roof! David played the recorder for us as this was the instrument he learned when he was at school. A BIG thank you to the boys' grandfather for coming in and sharing his experiences!



Over the last week we have received many more Birthday Books in school. Alana in Thunberg class has donated a book to get us in the mood for Christmas, Bea in Turing class has donated the ever popular Look Up! which discusses the importance of looking after our planet and Alice in Johnson class has donated two books – one animal story which she really enjoys and another story about celebrating difference in our world. We cannot wait to read and share these stories with our school community –thank you girls!



This week children across the school enjoyed an African Dance workshop organised by Miss Hall. Flo in Churchill class enjoyed the workshop because "You could see how people from other countries dance", Maisie in Churchill class said "When we did the dance it felt like we were in Africa" and Oliver in Churchill class said "I liked the sound of the djembe drums and I liked the dance moves we had to do." Thank you to Miss Hall for organising this experience.



Thank you to all those parents who attended our Healthy Eating Working Party meeting earlier this week. Jo from Herts Catering joined the meeting and talked about the different ways in which HCL ensure a healthy and balanced lunchtime, she showed some images of the different ways in which vegetables and fruit are made enticing and there were lots of excellent ideas about how we can embed a healthy lifestyle at Knebworth. Watch this space for further updates.

Today, Year 5 had a visit from Knebworth Care Home and had their first session of the Archie project which is an exciting intergenerational dementia awareness project that links local primary schools and care homes to raise awareness and dispel the fear and stigma often associated with dementia and create more dementia friendly communities. The children will be working with the residents over the year visiting them at the care home and hosting them at school. Thank you to Miss Dimmock for facilitating this important opportunity.

Sienna and a few of her friends in Year 5 have been making bracelets to raise money for Make a Wish. She will be selling these on the school playground after school on 9th November. Please do pop along if you would like to buy one!

Next week there will be poppies on sale for the children to purchase if they would like to to mark Remembrance Day. A cash donation of your choosing is most welcome and all monies raised will be sent to The Royal British Legion. For the younger children, parents may wish to hand their children's money to their class teacher for safekeeping.

As a school we have worked hard to embed our Diversity, Equality and Inclusion work throughout the school and we are now looking for some KS2 children to become DEI ambassadors! These children will support us in continuing the work that has been started and championing our inclusive and diverse ethos. The children will be learning more about the role during our Wonder Wednesday assemblies next week and will then have the opportunity to apply for the role. Watch this space!

Lastly, just before the half term break we said goodbye to Miss Smith who works in our Nursery as she has now started her maternity leave and we wish her all the best. We are also pleased to welcome Mrs Allan to our Nursery team and she has settled in brilliantly.

Have a lovely, restful weekend everyone.

Kind Regards,

Natasha Laskey, Sim Bains & Grace Maynard



Message from The FOKS Team

We are thrilled to announce we have just received a £1128 donation from the Co-op Local Community Fund! Thank you to all Co-operative members who designated Friends of Knebworth School as their cause over the past year.

We have also received a donation from Stikins of £11.28, do remember when ordering your new name stickers to pop us down as your fundraising donation!

You may have seen on the WhatsApp groups and social media, but the school are fundraising for a climate and nature themed art installation and for sustainability resources for the children that will be used by all year groups to promote nature recovery. Every £ pledged will be match funded by County Council up to £250, but they only receive the money if they reach 50% of their target (£1,000). If you know of any businesses who would be interested in getting involved please do get in contact. Otherwise, do check out our crowdfunded project online: <https://www.crowdfunder.co.uk/p/knebworth-sustainability-art-project>

Tickets for the Christmas disco are out now! Make sure you get your tickets before we reach capacity: https://www.tickettailor.com/events/friendsofknebworthschool/1050051?fbclid=IwAR00KY-A6idMxnaFwBwPZ_4zbYndWJSod-FNEHMpnn1cLq97exXXn59r8Y_aem_AUlh65w8q6gglqcnE5NMyXPVzbvuvHw9dH7BpWxnbXsW9ePfw0mWMbGfUb2hlo4IA

And finally, it's a little over 2 weeks until our Christmas Fayre, thank you to everyone who has already volunteered their time during the event, we are really looking forward to a brilliant afternoon raising money for the school! If you can't make it to the Fayre, make sure you get some raffle tickets: <https://raffall.com/346850/enter-raffle-to-win-christmas-hampers-at-the-fayre-hosted-by-friends-of-knebworth-school>

Thanks
FOKS

Healthy Eating Spotlight

A big thank you to Caroline Farrell (Registered Nutritionist) for providing our weekly healthy eating spotlights!

Healthy Breakfast Ideas

Studies have shown that children who eat a balanced breakfast tend to perform better academically and can be less irritable. Aim for a combination of carbohydrates such as oats or bread with protein such as milk, yogurt, nuts, seeds, or eggs.

Here are some examples:

1. Low sugar cereal (e.g. Weetabix or Oatibix) with milk. We like to add sprinkles (mixed seeds!) on top for added nutrients.
2. Wholemeal bread toasted with a source of protein such as nut butter or scrambled eggs.
3. Plain Greek yogurt layered with fruit and granola (such as Lizzie's low sugar granola).
4. Porridge made with milk and fruit. Top with some chopped nuts or seeds.
5. Overnight oats. See recipe below.

Overnight Oats

This serves one but these keep in the fridge for up to 5 days so can be batch-made to save time on busy school mornings!

Ingredients:

- ½ cup oats
- ½ cup your choice of milk
- ¼ cup plain Greek yogurt or soya yogurt
- 1 teaspoon maple syrup or honey
- 1 teaspoon chia or ground flaxseeds
- ½ teaspoon vanilla extract
- 1 handful of berries (frozen raspberries or cherries well)



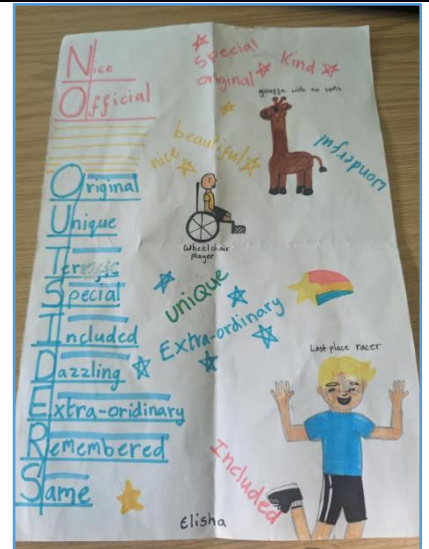
Method:

Simply add all the ingredients to a jar and mix well. Pop the lid on and leave in the fridge overnight.

My girls love theirs topped with dark chocolate shavings (use a vegetable peeler to shave them).

Diversity, Equality & Inclusion Spotlight

Elisha in Pankhurst Class has been so enthused and engaged in our No Outsiders work that she has created a poster showing the main principles of this in action. She has also remembered many of the stories that have been shared in Miss Bains' Wonder Wednesday Assemblies and included these on her poster! Her poster is now proudly on display on our No Outsiders display. Well done and thank you Elisha.



This Week's Book Recommendation

[Mrs Harris recommends ...](#)

Omar, the Bees and Me by Helen Mortimer

This is a story about sustainability and how the community can come together to protect bees. Omar brings in some honey cake and is reminded of his grandpa who keeps bees. With his class, Omar plants seeds and creates a bee corridor in the town to encourage more bees to pollinate the flowers. I find this story so inspiring and it shows us how we can all make little changes to help the local wildlife.



Attendance Cup

Congratulations to our winning class this week: Rosen Class!

Y1 Nadal	Y1 Thunberg	Y2 Johnson	Y2 Turing	Y3 Seacole	Y3 Nightingale	Y4 Bronte	Y4 Byron	Y5 Churchill	Y5 Pankhurst	Y6 Dahl	Y6 Rosen
95.3%	94.3%	95.9%	99.3%	93.0%	97.6%	95.5%	95.7%	91.9%	94.6%	94.5%	99.7%





Knebworth Silver Values Certificates

Nursery Class Violet	Chandi Class Lola & Jack	Henson Class Theo & Ivy
-------------------------	-----------------------------	----------------------------

Year 1: Isabella & Bronte

Year 2: Finley & Coco

House Points

<i>Aschil</i> 52 	<i>Bulwer</i> 54 	<i>Eudo</i> 72 	<i>Lytton</i> 52 
--	--	--	--

Top House Point earners this week

Y1 Nadal	Y1 Thunberg	Y2 Johnson	Y2 Turing	Y3 Seacole	Y3 Nightingale	Y4 Bronte	Y4 Byron	Y5 Churchill	Y5 Pankhurst	Y6 Dahl	Y6 Rosen
Adam Harry	Alana Yoan	Joshua	Isla	Hannah Avery	William Oliver G	Leo Cassius	Imaan	Maia A Oliver	Fleur Callum	Ashray Avyel	Agatha

Children's Achievements

A BIG well done to Lenny in Nightingale Class who took part in a European football tour in Holland for an U8s academy last weekend. They won the silver cup and Lenny was top goal scorer. We are so proud of you Lenny!



Well done to the Year 6 children who represented our school at a recent Basketball Festival. The children played brilliantly and also earned the **Respect** Award from the organisers - amazing!

Key Dates for your Diary – Autumn Term 2023

Details for upcoming events will be sent nearer the time where and when applicable

New/amended dates are highlighted in yellow

6 th November to 17 th November	Intensive Swimming for Year 4
17 th November	Children in Need - <i>Children are invited to come to school wearing something spotty or yellow with their school uniform i.e. spotty and/or yellow t-shirt, socks, hairband etc.</i>
18 th November	FOKS Christmas Fayre & Elfridges
1 st December	Occasional Day – school closed
5 th December	Flu Vaccination
8 th December	Christmas Jumper Day
8 th December	FOKS Christmas Disco
11 th December 2pm	Reception Christmas Show to Parents
12 th December 2pm	Year 1 Christmas Show to Parents
13 th December	Christmas Lunch for children
14 th December 11.30am	Nursery Christmas Show to Parents
14 th December 2pm	Year 2 Christmas Show to Parents
15 th December 10am to 11am	Open Morning for Prospective Parents
18 th December	KS2 Carol Concert at St Martin's Church 1.30 – Years 3 and 4 2.30 – Years 5 and 6
18 th December 11.30am	Nursery Christmas Show to Parents
20 th December	End of Autumn Term Nursery – 12pm EYFS & KS1 – 1.10pm KS2 – 1.20pm
4 th January 2023	INSET Day - school closed
5 th January 2023	Spring Term begins